Research on family caregiving of adults and older adults needs to also encompass other family relations, including fathers, siblings, aunts and uncles, grandparents, as well as compound caregivers who juggle multiple caregiving roles. There is a lack of longitudinal, qualitative, and comparative studies. Future studies on caregivers should explore these methodologies as each can bring unique perspectives to the understanding of caregivers of adults and older adults with disabilities. The longevity of caregiving for adults and older adults with disabilities is extremely challenging. More interventions are needed that account for the needs and resources of the individual, family, and community and that seek to fill gaps in available services and supports. The system of care is compartmentalized, insufficient, and does not include the entire family. Interventions that include comprehensive care for the entire family are needed at the policy level.